



THE WOODSTOCK INN & RESORT: ONE OF AMERICA'S BEST CROSS COUNTRY SKI EXPERIENCES

Woodstock, VT, November 15, 2005 – The **Woodstock Inn & Resort** has been taking winter sports – skiing, skating, snowshoeing, and sledding – seriously since the turn of the 20th century, and the experience shows. What was in 1910 a 1,000-foot, torch-lit toboggan run is now one of America's premier cross country ski touring centers, with a well-deserved reputation for superior grooming and preservation. Guests of the Inn have access to some 60 kilometers of managed trails, with *exclusive* use of a trail system through the Marsh-Billings-Rockefeller National Historical Park.

The **Woodstock Ski Touring Center** offers two trail systems – a gentle track encompassing the resort's famed golf course, and a more challenging terrain along the century-old carriage roads on Mt. Tom in the National Historical Park. In the park, a cozy, wood fire-warmed cabin provides a welcoming place to rest and take in spectacular views of the village below. To accommodate the rapidly growing popularity of snowshoeing, one of Vermont's oldest winter activities, parallel groomed snowshoe trails are also provided. Snowshoeing offers an excellent cardio workout, is lots of fun, and easily learned.

At the Ski Center's shop, there are ski, snowshoe, and sled rentals as well as sign ups for group and private instruction.

The Woodstock Inn & Resort offers three packages to cross country skiers or snowshoers. The ***Ski Vermont Free*** plan, starting at \$149 per night single or double occupancy, based on availability and free for children 14 and under staying with an adult, includes daily trail fees from Sunday night through Friday, equipment rentals and, for those staying three nights or more, a complimentary group lesson. Three-night ***Family Ski Weeks***, with accommodations for two adults with a connecting room for up to four children, include trail fees, a group lesson per

person, and a special coupon booklet to use at Woodstock area merchants and attractions. Priced at \$454 per night, the Family Ski Weeks are scheduled for January 8-11 and 22-25, January 29-February 1, and February 5-8. There is also a two-night *Woodstock Ski Weekend* package starting at \$323 per person, double occupancy that includes trail fees, hearty country breakfasts, and the coupon booklet. Children 14 and under cost an additional \$40.

One of the 500 greatest hotels in the world (according to *Travel & Leisure*), the Woodstock Inn & Resort, located in central Vermont, was the inspiration of Laurance S. Rockefeller. Defining country sophistication in one of New England's most charming and popular year-round vacation areas, the 142-room AAA Four Diamond Resort offers award-winning dining in four restaurants, especially the Main Dining Room, ranked among the finest in New England. Other world-class amenities: the challenging 18-hole Robert Trent Jones Sr. golf course; a heated outdoor swimming pool; and health and fitness facilities, including steam, sauna and massage. During the spring, summer, and fall, recreational activities also feature tennis, horseback riding, fishing, and bird watching.

For reservations or more information, call 800-448-7900 or visit the website at

www.woodstockinn.com.

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