

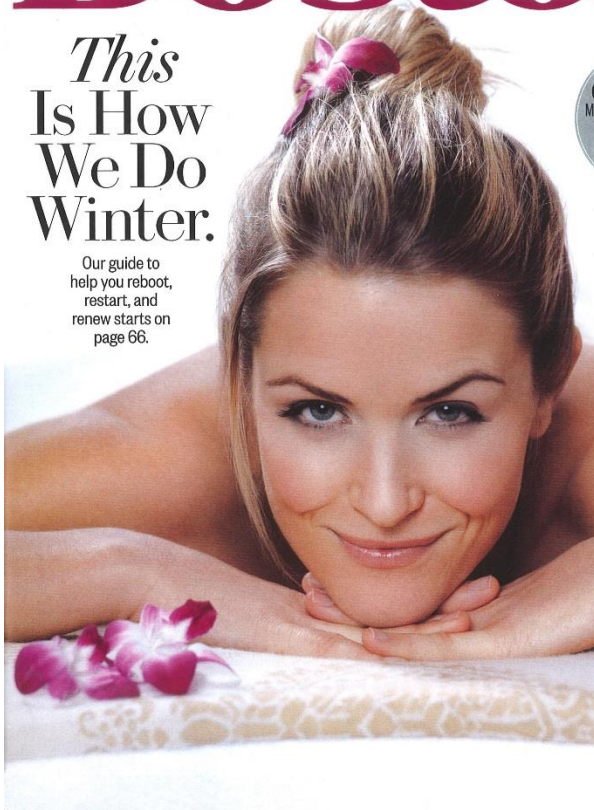
THE 12 BEST SPAS IN NEW ENGLAND

Boston

This
Is How
We Do
Winter.

Our guide to help you reboot, restart, and renew starts on page 66.

HAS THE CRAFT BEER MOVEMENT ABANDONED JIM KOCH (AND HIS BELOVED SAM ADAMS)?



From historical properties to contemporary seaside escapes, New England has no shortage of resorts with first-rate spas. We hit the road in search of the very best to help you laugh at winter in style.

THE TOP
12
SPA ESCAPES
IN NEW ENGLAND

BY
*Caroline Hatano, Courtney Hollands,
Brittany Jasnoff, Melissa Malamut, Loren Savini,
and Rachel Slade*

PHOTOGRAPHS BY
Adam DeTour



TRY
The custom facial at Ocean House's 12,000-square-foot spa. Page 70



FOR THE

CROWD-AVERSE ADVENTURER

Woodstock Inn & Resort

LESS THAN TWENTY MILES EAST OF Killington Mountain lies the quaint village of Woodstock, Vermont, a welcome respite from the hustle and bustle of the nearby ski area. At this comfortable, contemporary inn, guests can enjoy a fireside game of chess or do laps in the grand indoor pool. The property offers both fine and casual dining options, as well as a racquet and fitness club, and plenty of outdoor snow-day activities. After a winter romp, enjoy the inn's 10,000-square-foot day spa, which includes a eucalyptus steam room, an outdoor whirlpool, and a bar stocked with granola, fresh fruit, and assorted teas. Service is paramount here: After our ultra-relaxing body massage, we were presented with a delicate lavender *macaron* and a glass of refreshing cucumber-mint water. A common room facing a secluded outdoor courtyard offers a peaceful place to sit and read while waiting for treatments.

TRY The Signature Spa Experience includes a full-body exfoliation and hydrating body mask made with seasonal ingredients—pumpkin in the fall, of course, and rosemary-mint in the winter (starting at \$238 for 100 minutes).

DISTANCE FROM BOSTON
140 miles

GOOD TO KNOW The spa offers specialized treatments for young adults, like the Teen Facial, which includes a lesson in home skin-care routines for clearer skin.

Starting at \$189 per night, 14 The Green, Woodstock, VT, 802-457-1100, woodstockinn.com.

PHOTOGRAPHY BY
DIP CHANWEL