



THE MORNING KICK

POT OF VERMONT ARTISAN TEA 5

ENGLISH BREAKFAST, CHAI, GREEN CLOUD MIST,
GINGER LEMONGRASS, CHAMOMILE, MINT

"RED-EYE START" BREAKFAST SHOT 4

TEA INFUSED WITH APPLE CIDER VINEGAR,
GINGER & TURMERIC

"WAKING UP IN THE MEADOW" BREAKFAST SHOT 4

APPLE JUICE FLAVORED WITH
APPLE CIDER VINEGAR, GINGER & CINNAMON

"BLACK & BLUE ORCHARD" HOUSE-CRAFTED JUICE 7

BLUEBERRY, BLACKBERRY, APPLE

"ROOT & FRUIT" HOUSE-CRAFTED JUICE 7

CARROT, ORANGE, GINGER, STRAWBERRY

SMOOTHIE BOWLS

STRAWBERRY FIELDS FOREVER 14

BANANA, STRAWBERRY, HONEY, CASHEW BUTTER,
INSTANT OATS, CASHEW MILK, MESQUITE POWDER

SUNSHINE DAYDREAMING 13

AÇAÍ, YOGURT, BLUEBERRY, RASPBERRY, APPLE JUICE

THE SUMMER GARDEN REWARD 13

CANTALOUPE, ORANGE, VERMONT MAPLE SYRUP,
GREEK YOGURT, MATCHA POWDER

TIME HONORED BREAKFAST BEGINNINGS

STEEL CUT OATMEAL 12

MIXED BERRIES, TOASTED PECANS,
RAW SUGAR, STEAMED MILK,
VERMONT MAPLE SYRUP

GREEN MOUNTAIN SAMPLER 14

VERMONT MAPLE SYRUP FLAVORED YOGURT,
MIXED BERRIES & MELON, BANANA BREAD,
HOUSE-MADE GRANOLA

HOUSE-SMOKED SALMON 17

TOASTED BAGEL, TOMATO, PICKLED ONION,
CARAMELIZED ONION CREAM CHEESE,
HARD BOILED EGG

ALPINE BIRCHER MUESLI 13

OATS, SOY MILK, DRIED FRUIT, BERRY JAM

THE STARTER'S SHACK

EARLY BIRD NIBBLE 10

FRIED EGG, BACON, VERMONT CHEDDAR,
GRIDDLED PORTUGUESE ROLL

GREEN MOUNTAIN MORNING WRAP 11

SAUSAGE, SCRAMBLED EGGS, ROASTED TOMATO SALSA,
VERMONT CHEDDAR, HONEY WHEAT WRAP

IN THE BARNYARD

WHEN THE ROOSTER CROWS 18

TWO ORGANIC EGGS, FARMER'S POTATO,
BACON OR SAUSAGE, CHOICE OF TOAST

VERMONT EGGS BENEDICT 19

TWO POACHED ORGANIC EGGS, BLACK FOREST HAM,
TOASTED ENGLISH MUFFIN, MESQUITE HOLLANDAISE

COMB & WATTLE 18

ROASTED BEETS & CORNED BEEF HASH,
TWO ORGANIC EGGS, LEAFY GREENS, HOLLANDAISE

VERMONT HAM & CHEESE 18

THREE EGG OMELET, FARMER'S POTATO,
JASPER HILL VAULT NO.5 CHEDDAR,
VERMONT SALUMI PROSCIUTTO COTTO

BILLINGS FARM BREAKFAST BOWL 18

TWO ORGANIC EGGS, CHORIZO, SPINACH,
CARAMELIZED ONION, TOMATO, MAPLE BUTTER GRITS

THE MORNING SPIRIT BOWL 16

FREEKEH, MUSHROOMS, TOASTED CASHEWS,
SPINACH, ROASTED ASPARAGUS, TOMATO JAM

GARDENER'S BREAKFAST BOWL 16

TWO ORGANIC EGGS, TOMATO, CILANTRO,
ROASTED PEPPER, GRILLED RED ONION,
SPINACH & TURMERIC QUINOA

BELGIAN WAFFLE 15

BERRY COMPOTE, VANILLA WHIPPED CREAM,
CHOICE OF BACON OR SAUSAGE

GRIDDLE CAKES 15

PLAIN, BLUEBERRY OR CHOCOLATE CHIP,
VERMONT MAPLE SYRUP, CHOICE OF BACON OR SAUSAGE

BREAKFAST ON THE GREEN 20

FRIITTATA DU JOUR, VERMONT CHEDDAR,
VERMONT SALUMI PROSCIUTTO COTTO, MIXED BERRIES,
MIXED GREENS TOSSED WITH BALSAMIC VINAIGRETTE

TO TOP IT OFF

APPLEWOOD SMOKED BACON 4

GRILLED HAM STEAK 5

VERMONT SALUMI BREAKFAST SAUSAGE 4

CORNED BEEF HASH 6

HOME FRIES 5

WE ARE PROUD TO BE A PART OF THE VERMONT FRESH NETWORK AND OUR KELLY WAY GARDEN HAS BEEN CERTIFIED VERMONT ORGANIC.

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.