

WOODSTOCK ATHLETIC CLUB TENNIS SCHEDULE – JANUARY 2022

Email athleticclub@woodstockinn.com, sign up on the [Mindbody app](#), or call (802) 457-6656 to pre-register (required)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00am PATTERNS OF PLAY (60 min) Members \$20 Non-members \$30</p>	<p>10:00am PICKLEBALL OPEN (90 min) Free for court members, Non-members pay facility rate</p>	<p>10:00am PATTERNS OF PLAY (60 min) Members \$20 Non-members \$30</p> <p>4:00pm TEEN TENNIS (90 min) \$20 per person (members & non-members)</p> <p>5:30pm COURT GAMES (75 min) Members \$20 Non-members \$30</p>	<p>10:00am PICKLEBALL OPEN (90 min) Free for court members, Non-members pay facility rate</p> <p>5:30pm THURSDAY NIGHT SERVE & VOLLEY (75 min) Free for members, Non-members pay facility rate</p>		<p>8:00am PICKLEBALL OPEN (90 min) Free for court members, Non-members pay facility rate</p> <p>10:00am DOUBLES PLAY (60 min) Members \$20 Non-members \$30</p> <p>11:00am CARDIO TENNIS (60 min) Members \$15 Non-members \$20</p>

PRE-REGISTRATION REQUIRED – SOME CLASSES/CLINICS HAVE PARTICIPANT LIMITS

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CARDIO TENNIS – 60 minutes – Limited to 14 participants

You know it & you love it! This high intensity session combines drills & games to provide an opportunity to develop skills & also burn calories, all done to a heart-pounding, bass pumping playlist. (All levels) Members: \$15; Non-members \$20

COURT GAMES – 75 minutes – Limited to 8 participants

90 minutes of fast-paced, king of the court doubles point play games, with a thumping soundtrack! First TWO sessions in November (11/3 and 11/10) are free! After those dates, Members: \$20; Non-members: \$30

DOUBLES PLAY – 60 minutes – 3 participants required, limited to 12 participants

All things doubles! We'll talk tactics, positioning, anticipating, and putting that ball away. We'll end every session with service game/match play. (NTRP 3.0+) Members: \$20; Non-members \$30

PATTERNS OF PLAY- 60 minutes – Limited to 6 participants

This clinic will go over individual patterns of play. We'll focus on how to use shot selection to keep our opponents off balance, & stay ahead in the point. (NTRP 3.5-4.0) Members: \$20; Non-members \$30

PICKLEBALL OPEN - 90 minutes – Limited to 12 participants

Join the group and play one of the fastest-growing racquet sports! Free for court members, non-members pay facility rate.

TEEN TENNIS – 90 minutes – Limited to 20 participants

Drills, skills, court games, and match play session every Wednesday night at the club, for teenage players looking to keep their skills sharp during the summer. Drop-in rate \$15 per person (members & non-members)

THURSDAY NIGHT SERVE & VOLLEY – 75 minutes – Limited to 12 participants

Come one, come all to our Thursday Night Serve & Volley. Enjoy casual doubles match play at our weekly round robin. Challenge your friends & the Tennis Pro-staff. Keep the trash talk coming as we laugh off our mistakes & celebrate our brilliant shots. A great time will be had by all. Free for members, non-members pay facility rate.

3 PLAYERS & A PRO – 60 minutes – 3 participants required

Contact us to set up a 3 players & a pro session at a time that suits you! Members: \$30 pp; Non-members: \$40 pp.

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