



# Woodstock Athletic Club

## **ATHLETIC KIDS** **-SWIMMING-**

Child swim lessons return to the Woodstock Athletic Club pool. Join us and give your child the skills in the water that could save their life or spark an Olympic Dream!

### **July 12-August 18** **Tuesdays & Thursdays**

10:30AM-11:00AM:  
Baby & Me  
(Toddler & Parent)

11:00AM-11:30AM:  
Beginner Guppy Group I  
(Ages 3-4)

11:30AM-12:00PM:  
Beginner Guppy Group II  
(Ages 3-4)

### **Pricing Options:**

Once a week - \$75 (Tue OR Thu)  
Twice a week - \$136 (Tue & Thu)  
Drop-in- \$15/class  
(based on availability)

Advanced Registration is Required  
1489 South Road | Woodstock  
802-457-6656  
athleticclub@woodstockinn.com



### **Baby & Me (Toddler & Parent)**

*Tuesdays & Thursdays 10:30AM - 11:00AM*

Baby & Me allows your toddler to experience the joy and exhilaration of the water with the comfort of being with a parent. Lots of fun play time and learning the basics for safety and comfort in the water.

### **Beginner Guppy (Ages 3-4)**

*Group I: Tuesdays & Thursdays 11AM - 11:30AM*  
*Group II: Tuesdays & Thursdays 11:30AM - 12PM*

Beginner Guppy swim offers your 3-4 year-old a solid start to their aquatic journey on learning how to be safe in the water. Engaging activities will motivate your child to perform and learn basic skills for developing competency, a positive attitude, and safe practices around the water.

### **Meet Ms. Joyce!**

Ms. Joyce is passionate for aquatic safety & fitness. From competitive athlete to swim instruction and coaching for both children and adults. Get ready to jump into the pool with Ms. Joyce who is ready to share her knowledge and skills with our community! She is also available to teach private lessons if class times conflict with busy schedules. Please contact us to schedule a private appointment.

When she isn't teaching or playing pickle ball here at the Woodstock Athletic Club, you can find Ms. Joyce this Fall in the Library at the Woodstock Elementary School.